

ICE PAINTS

**RAINBOW
TRUST**

SUPPORTING FAMILIES
WITH A SERIOUSLY ILL CHILD

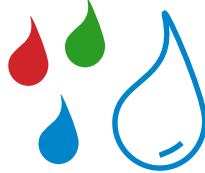
You will need:



Ice cube tray



Lolly sticks



Food colouring
and water



Freezer



Paper

**Make some pretty
watercolour pictures with
ice paints!**

1. Fill the ice cube tray with water and add some drops of food colouring into each section.
2. Place a lolly stick into each section.
3. Make room in the freezer, and place the tray into the freezer on a flat surface.
4. Once frozen, arrange an area for painting (it gets messy), and have fun melting the colourful cubes onto the paper.
5. Let it dry, and see how the colours have mixed like watercolours. These make a great background for drawing paper.



#BoredomBusters
rainbowtrust.org.uk