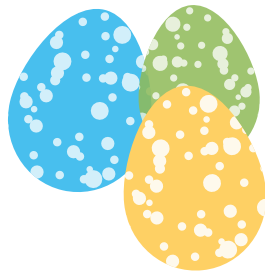


# EASTER NESTS



**RAINBOW  
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SUPPORTING FAMILIES  
WITH A SERIOUSLY ILL CHILD

Make a tasty Easter themed treat with simple ingredients, and top with chocolate eggs.

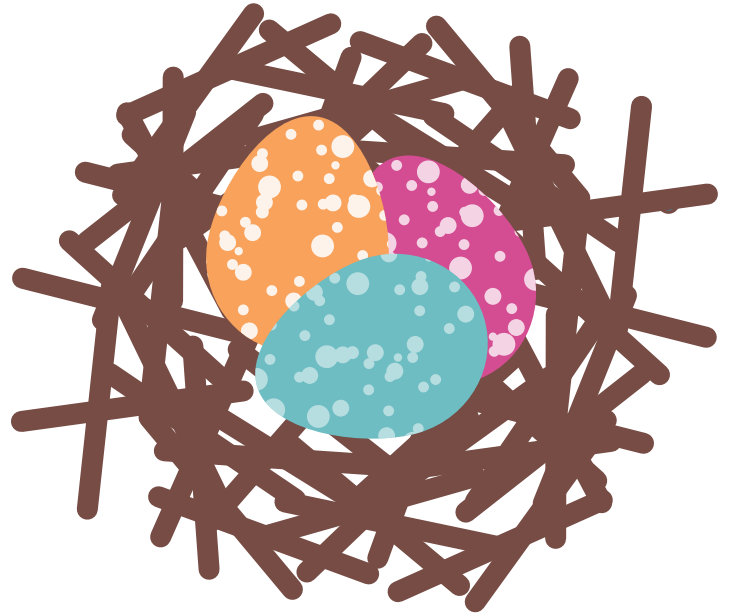
No Baking - makes 10 nests.

## What you need

- 400g chocolate - milk or dark works best finely chopped
- 100g unsalted butter
- 100g golden syrup
- 100g Shredded wheat or other cereal
- Colourful chocolates eggs

## Also

- Greaseproof paper and tray
- Large bowl
- Saucepan



## Method

1. Crush your shredded wheat into a large bowl.
2. In a pan put the butter and golden syrup and heat gently - stirring until the butter has melted.
3. Take off the heat and add the chocolate, stirring until the chocolate has melted into the syrup and butter mix.
4. Pour the liquid mixture over the shredded wheat and mix together. Make sure all the cereal is covered.
5. Line a tray with greaseproof paper, and spoon the mixture into little balls to form the nests (3 per nest).
6. Place chocolate eggs into the nests and place in the fridge to set.

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