



Royal Parks Half Marathon

Sunday 10 October 2010

About Rainbow Trust

Rainbow Trust Children's Charity provides emotional and practical support for families who have a child with a life threatening or terminal illness. Immediate help is on hand for the whole family through our eight teams of Family Support Workers.

What's it all about?

The Royal Parks Foundation Half Marathon starts and finishes in Hyde Park and the 13.1 mile route runs across four of London's stunning Royal Parks - Hyde Park, St. James's Park, Kensington Gardens and Green Park. Runners will also take in some of the capital's most historic landmarks, including Buckingham Palace, Houses of Parliament, the London Eye and the Albert Memorial.

How will Rainbow Trust support me?

We will provide you with a Rainbow Trust running vest or t-shirt; professional training and nutritional information to help you in the run up to your big day; a sponsor form full of useful advice for reaching your sponsorship target; fundraising materials and Rainbow Trust literature.

How do I sign up?

To take part in this event we ask that you pay a £45 registration fee and commit to raising a minimum of £300.

For a guaranteed Rainbow Trust place please contact Anna on 01372 220022 or email anna.thomas@rainbowtrust.org.uk.

www.rainbowtrust.org.uk

Support families with dying children.

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North East: Forster House, Forster Business Centre, Finchale Road, Newton Hall, Durham, DH1 5HL. Tel: 0191 386 4400
North West: Unit 8, Building 12, Tameside Business Park, Windmill Lane, Denton, M34 3QS. Tel: 0161 336 4767

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Rainbow Trust
CHILDREN'S CHARITY

