



Asics British 10k London Run 2010

Sunday 11 July 2010

About Rainbow Trust

Rainbow Trust Children's Charity provides emotional and practical support for families who have a child with a life threatening or terminal illness. Immediate help is on hand for the whole family through our eight teams of Family Support Workers.

What's it all about?

Set in the heart of London and passing some of London's most famous landmarks such as Big Ben, the London Eye, Trafalgar Square and the Houses of Parliament, the British 10K London Run is the UK's third largest mass participation road race and its popularity looks set to continue.

How will Rainbow Trust support me?

All runners receive first class support in the lead up to the event and on the day from our cheering teams and you'll be invited to our runners reception after the race for complimentary refreshments and a massage. All we ask is that you pay a £30 registration fee and raise £150 in sponsorship for Rainbow Trust.

How do I sign up?

To sign up for your place email Anna on anna.thomas@rainbowtrust.org.uk or call 01372 220022. You can also sign up for your own place by visiting www.thebritish10klondonrun.co.uk. Please remember to let us know that you've signed up.

www.rainbowtrust.org.uk

Support families with dying children.

FRSB ✓ give with confidence

Rainbow Trust
CHILDREN'S CHARITY



Head Office: 6 Cleeve Court, Cleeve Road, Leatherhead, Surrey KT22 7UD. Tel: 01372 363438
North East: Forster House, Forster Business Centre, Finchale Road, Newton Hall, Durham, DH1 5HL. Tel: 0191 386 4400
North West: Unit 8, Building 12, Tameside Business Park, Windmill Lane, Denton, M34 3QS. Tel: 0161 336 4767

Registered Charity No. 1070532. Company limited by guarantee. Registered in England No. 3585123